

Did You Know...

Veneration of Relics



The Mariposa

Issue 2, Vol V, Year 2026

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The Catholic Church's Rationale for Venerating the Relics of Saints

The Catholic Church venerates the relics of saints out of deep respect for the holiness of their lives and as a way of honoring God who worked through them. This practice is rooted in Scripture, Tradition, and the Church's theology of the Body of Christ. It is not superstition or worship of objects but an expression of love and reverence for those who now share in God's glory.

I. Theological Foundation: The Incarnation and the Dignity of the Body

Catholics believe the human body is sacred because God created it, the Word became flesh in Jesus Christ, and the Holy Spirit dwells within believers (1 Corinthians 6:19). The saints' bodies were temples of the Holy Spirit and instruments of divine grace; hence their remains are worthy of reverence.

II. Biblical Precedents for Relic Veneration

Scripture gives several examples of God working through physical contact with holy persons or their belongings:

- 2 Kings 13:20–21 – A dead man revived when his body touched Elisha's bones.
- Exodus 13:19 – The Israelites carried Joseph's bones as a sacred trust.
- Mark 5:27–29 – The woman with a hemorrhage was healed by touching Jesus' cloak.
- Acts 19:11–12 – Handkerchiefs touched to Paul brought healing.
- Acts 5:15–16 – Even Peter's shadow healed the sick.

III. Early Church Practice

From the earliest centuries, Christians honored the relics of martyrs. The faithful gathered the bones of saints like St. Polycarp, calling them 'more precious than jewels.' Churches were often built over martyrs' tombs, and relics were placed in altars—a tradition that continues today.

IV. The Difference Between Veneration and Worship

The Church distinguishes between latria (worship due to God alone) and dulia (veneration due to saints). Mary receives a special veneration called hyperdulia. When Catholics venerate relics, they honor the saint and glorify God for His work through them.

V. Purpose and Spiritual Meaning

Veneration of relics inspires imitation of the saints, deepens communion with the Church in heaven, and reminds the faithful that holiness sanctifies both soul and body. It also reflects faith in the resurrection of the body.

VI. The Catechism and Church Teaching

The Catechism of the Catholic Church (§1674) affirms the veneration of relics as a legitimate expression of popular piety that deepens faith and devotion to God.

VII. Classes of Relics

- 1 First-Class Relics – The physical remains of the saint (bones, blood, hair, ashes).
- 2 Second-Class Relics – Items personally used by the saint (clothing, rosaries, books).
- 3 Third-Class Relics – Objects touched to a first-class relic or the saint's tomb.

VIII. Use of Relics in Catholic Devotion

- Public veneration in churches and during feast days.
- Pilgrimages and processions involving relics.
- Placement of relics within church altars at consecration.
- Private devotion, especially with third-class relics, as prayer aids.

IX. Meaning Behind the Practice

- Expresses the physical connection between the faithful and the saints.
- Strengthens the communion of saints.
- Reflects belief in the resurrection of the body.
- Encourages imitation of holy lives.
- Reminds us that any grace associated with relics comes from God, not from the object itself.

X. Church Safeguards

Relics must be authenticated by Church authority. Selling relics is strictly forbidden by Canon Law (Canon 1190). They must be kept in dignified reliquaries and treated with reverence.

Conclusion

Venerating relics is a sacramental act of love — honoring the saints who reflect the holiness of God, strengthening faith, and drawing the faithful into communion with the Church in heaven. Through relics, Catholics express gratitude for God's transforming grace in the lives of His holy ones.

In Case You Missed It

The Fall Regional Encounter was held at St Francis of Assisi Catholic Church in Bakersfield, CA from September 26 to 27.



**Region XI
Fall Encounter
Sept 26-27,
2025**

The Post Cursillo Committee prayed the Novena to Our Lady of Remedy from Sep 30 to Oct 8, 2025.

The annual Memorial Mass was celebrated on November 8, 2025 at Our Lady of Good Counsel in San Leandro, CA.

On November 29, 2025, with the guidance of the Holy Spirit, the Cursillo 3-Day Committee identified Brother Joseph Estrada as Understudy for MC 110 and future Rector for MC 112, Sister Marie Centeno to serve as Rectora for WC 111 in 2027 & Understudy to Sister Lynne Evans, the Rectora for WC 109, and Brother Danny Palamos as Rector for MC 110. Congratulations to all.



The Cursillo Annual Christmas Party was held at Our Lady of Good Counsel Hall on December 6, 2025. The De Colores festivities began with mass and included a visit from Sam-ta Claus.



The Visions of Hope Workshop, featuring speakers Juan Ruiz, Deacon Ben Agustin, and Sis Penny De Leon was completed on January 10, 2026 at St. Isidore Parish Hall in Danville, Ca. Attendees included representatives from the San Jose, San Francisco, and Oakland diocese.

Filipino Cursillo Community-Diocese of Oakland

Leadership Workshop

“Visions of Hope”

Saturday,
January 10, 2026
(9:00AM - 4:00PM)

St. Isidore Parish Hall
440 La Gonda Way, Danville, CA

Guest Speakers

Juan Ruiz
National Hispanic
Coordinator

Dcn. Ben Agustin
St. Joseph Church
Pinole, CA

Register before: Dec. 15, 2025

Registration Fee: \$30 (incl breakfast & lunch)

Zelle to Lynne Evans: 510-501-4894

Contact: Clarita Perez 925-759-4488
Penny de Leon 510-301-6101
Gid Eugenio 510-684-9051

<https://www.fccoakland.com/>



JOIN US!



PreCursillo Outreach

St. Patrick Parish - Rodeo
825 Seventh St., Rodeo, CA 94572

March 8, 2026
9:30 AM, 11:30 AM Masses
Blessing of Cursillistas & Fellowship

Contact: Sis. Jhenie Lauder Sebastian
510-617-8433 - jhenielauder@yahoo.com

The Pre-Cursillo Committee held an outreach event on March 8, 2026 at St. Patrick Parish in Rodeo, CA

The Post-Cursillo Committee completed our annual Lenten Retreat on March 21, 2026 at St. Isidore Parish Hall in Danville, CA



Lenten Retreat
A Time for Reflection and Renewal

Saturday, March 21, 2026
(9:00AM to 3:00PM)
St. Isidore Parish Hall
440 La Gonda Way, Danville, CA



Retreat Master:
Fr. Phong Nguyen, OP
Parochial Vicar
St. Isidore Church

Retreat Fee: \$25 per person
(incl breakfast & lunch)

Schedule of Activities:
9:00 AM - Registration/ Breakfast
10:00 AM - Retreat
12:00 PM - Lunch
12:30 PM - Liturgy
1:15 PM - Liturgy
2:00 PM - Stations of the Cross

To register, please contact:
Zelle to Sis Lynne Evans, Zelle # 510-501-4894
Sis Evelyn Isidro: 925-308-3408
Sis Marie Centeno: 925-285-2425

 Filipino Cursillo Community - Diocese of Oakland

Palancas

The FCC sends out palancas to local, national and international Cursillo Weekends. Here are a few:

33 palancas for October 2 to 5: Jefferson City, MO, Tulancingo, Hidalgo, Mexico, San Juan, Argentina, and Val, Fejer Country, Hungary.

25 palancas for October 16 to 19: Kalamazoo, MI, Assisi-Nocera-Gualdo, Italy, Toledo, OH, Denver, CO and Kingston, Jamaica

23 palancas for October 23 to 26: Charleston, SC, Mayaguez, Puerto Rico, Nassau, Bahamas, Naha, Okinawa, Japan & Manchester, NH.

4 palancas for Oct 30 to Nov 2: Allentown, PA, Fayetteville, NC, Camden, NJ and San Antonie, TX.

20 palancas for Nov 6-9: Buffalo, NY, Nyiregyháza, Hungary, Sonora, Mexico and the Kairos Prison Ministry in Orlando, Florida.

2 palancas for Nov 10-13: Arlington, Va & Nasugbo, Batangas, Philippines.



Mananitas

Farewell Mananita was given on December 7, 2025 at Cypress Lawn in Colma, California for Sis Filamer "Amer" De Ocampo Ancheta.

Farewell Mananita was given for Sis Wevelyn Aragon on January 14, 2026 at Chapel of the Chimes in Oakland, California.

Farewell Mananita for Sis Digna Francisco Carmona on January 21, 2026 at Garden Chapel in South San Francisco, Ca.

Farewell Mananita for Sis Carmen Revecho on February 25, 2026 at St. Joseph Cemetery in San Pablo, Ca.

A Scapular's Price

Isidore Bakanja was about 18 years old when he met Catholic missionaries and asked to be baptized. Born in the Belgian Congo in the late 1800s, Isidore worked as a bricklayer and farmhand.

He loved the Catholic faith and talked so much about it that he often was mistaken for a catechist. He especially loved the Blessed Mother. He prayed the rosary and always wore a brown scapular (two devotional cloths connected by string) around his neck that he referred to as "Mary's habit."

Hoping to find more Catholics to be in community with, Isidore went to work on a rubber plantation run by Belgian colonists. He discovered they despised Catholics and the native African people. Although he tried to leave, he was prohibited.

The Belgian colonists ordered Isidore to stop sharing the Faith and to remove his scapular. Isidore refused. For that, they flogged him twice. The second time he received more than 100 blows from a whip with nails on the end.

The beating left Isidore's back ripped open, some bones even exposed. He was chained up in a hut, unable to move. When word came of an upcoming government inspection, Isidore was forced to leave. He hid on the side of the road until he saw the inspector.

The inspector later wrote, "I saw a man come from the forest with his back torn apart by deep, festering, malodorous wounds, covered with filth, assaulted by flies."

Although the inspector wanted to help, it was too late.

Isidore suffered in great pain for six months before dying on August 15, 1909. Before he died, Isidore said he forgave those who beat him and promised to pray for them in heaven.

He was beatified by St. Pope John Paul II in 1994.



Imitation of Christ

Book 3, Chapter 19, Bearing Injuries and Being Truly Patient

"What are you saying, My child?" asks Christ, "Think about My suffering and that of My saints, and stop complaining. You have not yet suffered until you shed blood (Heb 12:4). The things you are suffering are nothing compared to what others have endured. They have been strongly tempted, severely troubled, and tested in many ways. You should remember the greater sufferings of others so that you can bear your own more easily. If they seem like a lot to you, it is probably because of your impatience. Whether your sufferings are big or small, strive to bear them all with patience. As long as you are patient, you are wise and deserve more merit.


"It will also be easier for you to bear hardships if your mind and habits are trained for it. Don't say, 'I can't bear these things from this person. I shouldn't be made to bear things like this. They've hurt me and accused me of things I never thought of. But from someone else I would patiently endure anything that I think I should.' This is foolish thinking because it doesn't consider the virtue of patience or by whom that virtue will be crowned. Instead, it simply weighs people and offenses against oneself.

"If you only suffer as much as seems right to you and from whoever pleases you, then you aren't truly patient. The truly patient person does not consider who is trying them, whether it is someone superior, an equal, or an inferior, whether it is a good and holy person or a wicked and unworthy one. Instead, they gratefully accept adversity from any creature and regard it as a blessing, because with God, nothing that is suffered for His sake, no matter how small, will go unrewarded. "Therefore, be ready for the fight if you want to gain the victory. Without effort, you cannot win the crown of patience. And if you refuse to suffer, you refuse to be crowned. But if you want to be crowned, strive bravely and endure patiently. Without labor, you cannot find rest, and without fighting, you cannot win."

Make it possible for me, Lord, by Your grace, to do what seems impossible to me by nature. You know how little I can bear and how quickly I'm crushed when adversity rises against me. Whatever trial or tribulation comes to me, help me to see it as pleasant and acceptable, because I know that to suffer and stress for Your sake is good for the soul.

CURSILLO 101:

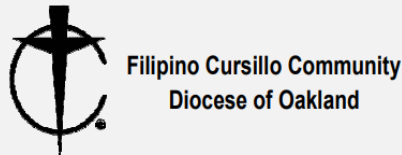
BASIC OVERVIEW OF THE CURSILLO MOVEMENT



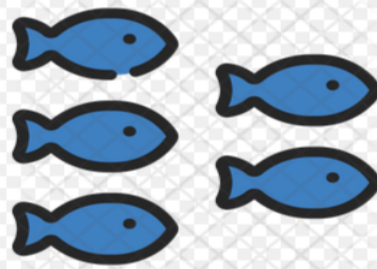
A TECHNICAL PRESENTATION

AND A SPECIAL INTRODUCTION OF OUR NATIONAL WEBSITE AND OUR NEW NATIONAL SPIRITUAL ADVISER

MONDAY – OCTOBER 20, 2025
@ 6:30pm
Virtual Zoom Meeting



SCHOOL of LEADERS



A TECHNICAL AND DOCTRINAL PRESENTATION ON:

“The On-Going Conversion of the Person”

Technical Speaker: Bro Joseph “Joey” Estrada



Doctrinal Speaker: Deacon Nelson Gonzales



Monday—November 17, 2025—starting at 6:30 pm via Zoom

A TECHNICAL AND DOCTRINAL PRESENTATION ON:

AM I A CURSILLO LEADER? 
(Takeaways from the “Visions of Hope” Workshop)

“Two essential dimensions shape the Cursillo Movement: the formation of leaders who embody the Christian life, and the preservation of the Foundational Charism that gives the Movement its distinctive identity. These are not separate concerns but two expressions of one grace—the Holy Spirit’s gift of renewal to the Church through friendship, encounter, and joyful witness in everyday life.” (Deacon Noe Tuason, Filipino Language Regional XI Spiritual Advisor)

Technical Speaker:

Sis. Mindy Manix (for Terri DiBacco)



Doctrinal Speaker:

Bro. Anito Acaba (for Dcn. Noe Tuason)



Monday – February 23rd, 2026 – @6:30PM – via Zoom

A TECHNICAL AND DOCTRINAL PRESENTATION ON:

THE PERSON

“At the heart of the Cursillo movement lies a profound understanding: we are called not merely to be individuals or human beings, but to become fully realized persons. Perhaps the most revolutionary insight of the Cursillo movement is this: Christianity belongs on the highway of joy, not the path of bitterness. We do not seek suffering; we accept reality as it comes—both joy and pain—as the will of God. We do not despise the body; we celebrate creation. We do not demand blind obedience; we encourage thinking and reasoning. We do not withdraw from the world; we engage and transform it.” – Eduardo Bonnín

Technical Speaker:

Sis. Vangie Ford



Doctrinal Speaker:

Deacon Steve Budnik



March 16, 2026 – @6:30PM – via Zoom

Deacon's Desk

The Foundational Charism of the Cursillo Movement

(Digest based on Eduardo Bonnín's talk at the V World Encounter, Seoul, Korea, 1997 by Dcn. Noe Tuason)

The Heart of Cursillo A charism is a gift from God—not for the person who receives it, but for the good of the whole Church. It cannot be demanded or manufactured. The Cursillo Movement carries such a charism: it is God's gift, given through lay people in Mallorca in the 1940s, to help ordinary men and women rediscover themselves, others, and above all Christ.

How Cursillo Began After the Spanish Civil War and World War II, young Christians were restless, asking: Can we do more than just pray? Inspired by Pope Pius XII's call to reach out to those far from the Church, Eduardo Bonnín and others began to study their environment and think creatively about evangelization. They realized that people learn best not through lectures but through living, sharing, and authentic friendship.

The idea took shape: gather a small, diverse group for three days, away from daily distractions, and share the essentials of Christian life in a joyful, personal way. Thus the Cursillos in Christianity were born.

The Charism in Action The Cursillo charism has four marks: 1. Gift of God – born of the Holy Spirit, not human invention. 2. Given to specific people –young laymen who prayed, studied, and took risks. 3. For the good of people and the Church – especially those far away from faith. 4. Recognized by the Church – with the support of Bishop Juan Hervás in 1947, the Movement grew strong within the Church.

The Method - Keep it simple: a three-day weekend focused on essentials, not details. - Gather people from all walks of life—believers, seekers, skeptics. - Share faith through witness and friendship, not preaching. - Foster ongoing growth through Group Reunions and Ultreyas (gatherings of encouragement).

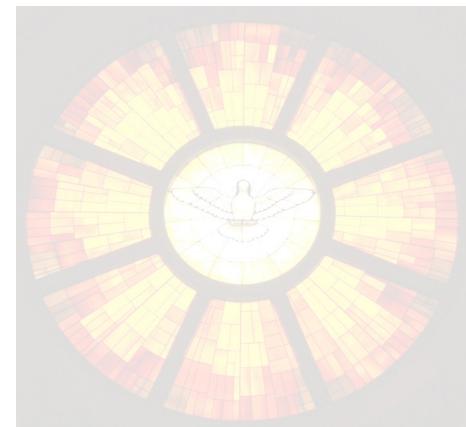
The aim is not to load people with tasks, but to help them encounter themselves, Christ, and others—and to live as Christians in their everyday environments.

The Core Message Cursillo was not created to “evangelize the world” in abstract, but to tell each person: God loves you. The world's problems remain the same across time—the absence of God in people's hearts. The answer is also the same: Christ and His grace.

Cursillo is meant to be a simple, faithful tool that connects Christians with those who are searching, so together they may discover meaning, hope, and the joy of being loved by God.

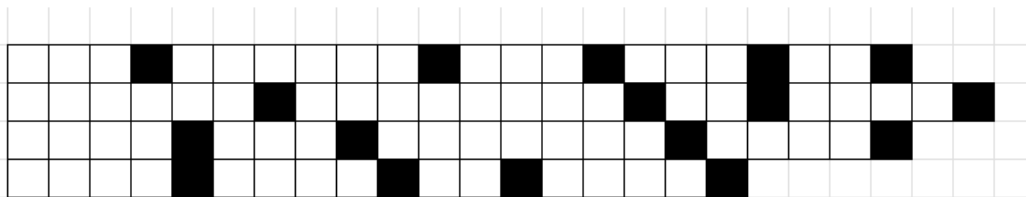
Staying True The Movement must stay rooted in its founding spirit: simple, authentic, and focused on the essentials of Christian life. If it strays into complications, clericalism, or constant trend-chasing, it loses its power. Fidelity to the original charism ensures that Cursillo continues to transform lives through friendship, faith, and love.

In short: Cursillo is God's gift to the Church to remind people—especially those far away—that life has meaning because Christ loves them.



Solve the Mystery Message!

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 B G E D O U R F A T H E R O N W E H T T A M A R K E



The List

ACTION	FINDING IN THE TEMPLE	PETER
ADVENT	FORGIVENESS	PIETY
AGONY	GIFT	PILGRIMAGE
ALMS GIVING	GOSPEL	PRAYER
AMEN	GRACE	PREACH
ANNUNCIATION	HEART	PRESENTATION
APOSTLE	HEAVENLY	PRIEST
ASCENSION	HEROD	PROCLAMATION
ASSUMPTION	HOLY MARY	PROPHET
BAPTISM	HONESTY	RELIC
BONNIN	HOPE	RESURRECTION
BROTHER	ICON	ROLLO
CARRYING THE CROSS	IMMACULATE	PULPIT
CATHOLIC	JESUS	PURITY
CHARISM	JOHN	RELIC
CHARITY	JOSEPH	ROSARY
CHASTITY	JUBILEE	SACRISTY
CHOIR	KING	SCARS
CHRISTEN	LOVE	SCORN
CHRISTMAS	LUKE	SCOURGING
CHURCH	MAGI	SCROLLS
COMMUNION	MARK	SIMEON
CONFIRMATION	MASS	SIMON
CORONATION	MATRIMONY	SISTER
CROWNING WITH THORNS	MATTHEW	SOLEMN
CRUCIFY	METANOIA	SPIRIT
DEITY	MIRACULOUS	STAR
DIVINE MERCY	NAIL	STIGMATA
DIVINITY	NATIVITY	STUDY
EASTER	OUR FATHER	TRANSFIGURATION
EUCHARIST	PAPAL	TREASURED
FAITH	PAUL	TRINITY
FAMILY	PEACE	UNITY
FASTING	PENANCE	VISITATION
FIAT	PENTECOST	WEDDING IN CANA

- Find all of the words and phrases from the list. Deadline: 30Apr2026
- Fill in the bottom boxes with unused letters in the order that they appear.
- Submit your answer at <https://www.fc.coakland.com/contact.html>
- The first three correct answers will win **TWO** of three \$20 gift cards.

Prayer Requests

Please pray for the soul of beloved Sis Regie Nunez who passed away on October 20, 2025.

Please pray for Bro Joel Manalang, who was in the hospital for heart failure episodes on Oct 19, 2025.

Please pray for Brother Ananda Namasivayam who underwent surgery on October 27, 2025.

Please pray for Sister Natividad Fernandez of the Metanoia Team, who was injured in a fall in Nov.

Please pray for the soul of Monico Paule, father of Sister Tess Santos of Fremont Team., who passed away at 2pm on November 12, 2025.

Please pray for the soul of Bro Ernie Ascuncion from the Holy Spirit Team, Cursillo #57, who entered his 5th Day on November 21, 2025.

Please pray for Bea Quint, sister of Sis Cris Arquero, for healing of her breast cancer. She had surgery on December 16, 2025.

Please pray for Sis Filamer "Amer" Ancheta, of Our Lady Holy Rosary Group, Cursillo #87 and wife of Brother Walter Ancheta. She joined our Creator on November 21, 2025

Please pray for healing & recovery of our dear Sister Belen Escondo from OLGC Group Reunion Team who was hospitalized in December 2025.

Please pray for Sister Cora Pediglorio who underwent a toe amputation on Dec 23, 2025 to treat gangrene.

Please pray for Sister Belen Escondo from OLGC Team who was hospitalized in December 2025.

Please pray for the soul of Vincent Seiker, father of Fr. Mark Seiker who has served in our Secretariat in the past. Vincent died peacefully in his home at the age of 97 on January 4, 2026.

Please pray for Sister Normita Arnold who started a chemotherapy for cancer on January 5, 2026.



Please pray for the repose of the soul of Sister Weveline "Wevie" Vita Aragon who was called home by Our Lord on January 3 and laid to rest on January 15, 2026. She was a graduate of WC #9 and served as Rectora of Cursillo #40.

Please pray for the repose of the soul of Sister Cecilia "Beloved" Donaldson's mother, Sis Digna Carmona,

who was called to rest on January 13 and placed in her final resting place on January 22, 2026.

Eternal rest grant unto Sis Carmen Revecho who was laid to rest on February 26 at St. Joseph Cemetery in San Pablo, CA.

Please pray for Bro Totie Garcia who needed a medical procedure in February 2026.

Please pray for Jaira Rose Malicdem, Sis Alma Chew's niece who was diagnosed with a serious heart condition in the Philippines.

Please pray for the repose of the soul of Lilia Naguiat, sister of Sis. Tess Santos, who died on March 2.

Please pray for the repose of the soul our of Bro. Adolfo Aragon of Cursillo #24. He joined his wife, Sis. Weveline Aragon, and our Lord on March 3rd.

It is with a heavy heart to let you know that our dear Sis Hazel Evangelista has left us March 15 to be with our Lord. We will always remember her positive attitude and strong faith in the midst of her suffering. We will surely miss her.

Good News

Brother Nelson Gonzalez was ordained to the Permanent Diaconate on October 11, 2025.

Sister Wyoni Lagunas and her husband Jose held a baby shower on January 31, 2026 for baby Francesca Grace Estrada Lagunas. Francesca was eventually born on Palm Sunday, 2026.

Save the Dates!

Filipino Cursillo Community PreCursillo Committee



<https://www.fcOakland.com/>

*invites all potential sponsors of candidates
– THAT MEANS EVERYONE –
to our*

2026 Sponsor's Workshop

*Person searching...Friends Responding
All encountering Christ
Experiencing His love*



Mark Your Calendar

Date: April 11, 2026

Time: Noon - 2:30 PM (following Ultreya)
Lunch is provided!

Where: Santa Maria Parish
40 Santa Maria Way
Orinda, California 94563

Spiritual Presentation

Dcn. Rey Encarnacion

Technical Presentation

Bro. Lino Centeno

Witnessing

Sis. Cora Pediglorio

Filipino Cursillo Community– Diocese of Oakland

ANNUAL FRIENDSHIP DINNER DANCE

An Enchanted Evening

SATURDAY, MAY 23, 2026

6:00PM - 11:00PM
(Dinner at 7:00PM)

DOUBLE TREE BY HILTON
7050 Johnson Dr.
Pleasanton, CA 94588

Music: Elements of Time **Donation:** \$75 **ATTIRE:** Dress to Impress

Hosts: Our Lady of Holy Rosary & Our Mother of Perpetual Help
Contact: Belle Caronongan 650-759-3258 or Danny Palamos 925-628-5941
RSVP by May 2, 2026



36TH NATIONAL CURSILLO ENCOUNTER



JULY 23 - 26, 2026
WHEATON COLLEGE
WHEATON, IL



THIS IS NOT A FUNCTION OF WHEATON COLLEGE

Renew your Cursillo spirit, rekindle the fire that was lit during your weekend and feel the joy of living the 4th day.



<https://cursillousa.org>

