

Did You Know...

WHY DOES THE PRIEST DROP A SMALL PIECE OF THE HOST INTO THE CHALICE?



If you've ever watched the priest at Mass just before Communion, you may have noticed something small, but very important. He breaks off a tiny piece of the consecrated Host (the Body of Christ)... and drops it into the chalice that holds the Precious Blood. This ancient and sacred gesture is called the commingling, and in the early Church, it was known as the fermentum. Why do we still do it today?

1. IT'S A SIGN OF THE RESURRECTION

At the consecration, the Body and the Blood of Jesus are blessed separately. Why? To show that His death really happened, that His Body and Blood were separated on the Cross. But when the priest puts that little piece of the Host into the chalice, he is silently saying: Jesus rose from the dead! That's what we receive at Communion: not a dead Christ, but the living, risen Jesus!

The Mariposa

Issue 1, Vol V, Year 2025

2. IT'S A SIGN OF UNITY

In the early Church, the fermentum was a real piece of the Eucharist that bishops would send from their Mass to nearby parishes. It was a sign that, although physically apart, they were united, one faith, one Church, one Eucharist. Today, that unity is preserved symbolically in the commingling. The Body and Blood are joined, just like we are called to be united in Christ. It reminds us: We're not just individuals at Mass, we are one family, one Body, joined in the Eucharist.

3. IT'S A PRAYER FOR ETERNAL LIFE

This moment happens right before we pray: "Lamb of God, You take away the sins of the world..." As the priest drops the Host into the chalice, he prays quietly, "May this mingling of the Body and Blood of Christ bring eternal life to us who receive it."

It's a humble prayer, asking for peace, unity, and the grace of eternal life.

SO WHAT DOES THIS SMALL ACT REALLY MEAN?

It shows that Jesus truly died, but is now truly alive.

It reminds us of the unity of the Church, one Body of Christ.

It prepares our hearts to receive the Lord who brings eternal life and salvation.

The next time you see the priest drop a piece of the Host into the chalice, remember:

It's not just a routine.

It's a silent sign that Christ is risen.

That we are one.

And that the Lamb of God is about to come to you, alive and glorified.

A small piece of the Host.

A drop into the chalice.

A message of Resurrection, unity, and eternal life.

Prayer Requests

Please pray for the repose of the soul of Fr. Vince Cotter who passed away July 8. Fr. Vince served as Spiritual Advisor for FCC Men's Cursillo #37 and as the Pastor at St. Ignatius of Antioch for many years with Fr. Leo Edgerly, Jr. He is remembered for his gentle spirit and compassion.

Pray for the repose of the soul of Bro Carlos Nunez, who died on August 15. He graduated from FCC Men's Cursillo #5 and was Rector of Cursillo #15.

Pray for the soul of our beloved fellow Cursillista, Sis. Estela Zwolinski, who joined our Creator on Aug 22. She was the team representative of the Antioch team before moving to Washington State.

Pray for the soul of Sis. Enry Tiansing who died on Sep 20. Her dedication to FCC, her generosity, her devotion to the Holy Rosary, her respect for others, and her positive demeanor will be greatly missed. She served as Rectora of WC #38.

Pray for Sis Clarita Perez as she underwent a hip replacement surgery on Sep 24.

Pray for Sis Carmelita Leal from WC #31. She has been suffering from a stroke for many years and was recently hospitalized for seizures and difficulty swallowing.



Good News

On Jun 28, Bro Joey & Sis Wilma Estrada celebrated the baptisms of three grandsons, Linus and twins Ari & Omi!

WC #107 had an additional guest in attendance. The existence of baby Lagunas was kept secret during the 3-day weekend, but Sis Wyoni and her husband Jose Lagunas now have official medical confirmation of expecting a baby girl! Pray for a routine pregnancy and a healthy baby.

Palancas

The FCC sends out palancas to local, national and international Cursillo Weekends. Here are a few:

4 palancas for July 3 to 6: Santa Rosa, California, Indianapolis, Indiana and London, Ontario.

6 palancas for July 31 to August 3: Boise, Idaho, Harrisburg, Pennsylvania and Maringa-Parana, Brazil

9 palancas for Aug 7-10: Minneapolis/St. Paul, Minnesota, Diocese of Tepic, Mexico and Pomona, California.

7 palancas for Aug 14-17: Birmingham, Alabama, Guaviare, Colombia, and Kansas City, Kansas.

16 palancas for Aug 21-24: San Juan, Argentina, Chinch-Ica, Peru, and Oruro, Bolivia.

10 palancas for Aug 28-31: WC #107, Oakland, Ca, Pernambuco, Brazil, and Mayaguez, Puerto Rico

21 palancas for Sep 25-28: MC#108, Oakland, Ca, Managua, Nicaragua, and Guadalajara, Mexico.

In Case You Missed It

On June 3, Father Leo Edgerly, Spiritual Director for Cursillo in the Diocese of Oakland, met with the FCC Secretariat to clarify the appointment process for the Spiritual Advisor of the Filipino Cursillo Community.

On July 5, Cursillistas used a Zoom link to join the Adoration and Benediction at the Santissima Trinitade in Fatima, followed by prayers for the First Saturday and Act of Reparation.

From July 8 to 16, Cursillistas prayed a novena in honor of Our Lady of Mount Carmel via Zoom.



From August 7 to 15, Cursillistas prayed a novena in honor of The Solemnity of the Assumption of the Blessed Virgin Mary via Zoom.

On September 14, Cursillistas serenaded the English Men's Cursillo in Pleasanton with a breakfast mananita. Then, they serenaded the English Women's Cursillo one week later on September 21.

De Colores

A TECHNICAL and DOCTRINAL PRESENTATION ON:

“Developing an Intimate Relationship with Christ”

Technical Speaker: Sis. Becky Pang



Doctrinal Speaker: Fr. William Rosario



Saturday – August 23, 2025 – starting 8:30am (In-person Meeting)

Cathedral of Christ the Light, Parish Hall, Oakland, CA

School of Leaders

A TECHNICAL PRESENTATION ON:

“Choosing to Exercise the Power of Love”

Each day there is an opportunity to know Jesus Christ better and better and to grow in His love. This is what we mean by a conscious, shared, and progressive conversion, and only we can choose whether or not to pursue a life of growing piety, study, and action. To love as Jesus loves is not easy. This is why we journey together, encouraging and supporting one another. This is why we share our relationship with Christ with friends in Group Reunion, Ultreya, and other gatherings. We need this support and encouragement. to persevere as disciples of Jesus in a very challenging world.



Speaker: Sis. Wilma Estrada

A DOCTRINAL PRESENTATION ON:

“Are You Ready for Serious Discipleship?”



Speaker: Bishop Robert Barron

September 15th, 2025

WELCOME



Filipino Cursillo Community
Diocese of Oakland

WELCOME

Come & welcome the candidates to our Cursillo #107 Weekend

August 28 at 10:30 AM

at

Fremont Veterans' Memorial Building
37154 2nd St, Fremont, CA 94536

Light Breakfast

Welcome Candidates

- Scripture & Reflection
- Candlelight Ceremony
- Serenade

Lunch

Come & welcome the candidates to our Men's Cursillo #108 Weekend

September 25 at 10:30 AM

at

Fremont Veterans' Memorial Building
37154 2nd St, Fremont, CA 94536

Light Breakfast

Welcome Candidates

- Scripture & Reflection
- Candlelight Ceremony
- Serenade

Lunch



Region XI Fall Encounter Sept 26-27, 2025

St. Francis of Assisi Catholic Church
900 H Street
Bakersfield, CA 93304
Friday 5:30 pm - Saturday 6:00 pm
Registration starts 3:00 Friday

Registration Fee \$45

Filipino Cursillo Community Diocese of Oakland

Cancelled

Saturday, October 18, 2025 | 8:30A - 4:00 PM

Workshop: "Visions of Hope"

St. Isidore Parish Hall
428 La Gonda Way, Danville, CA 94522

Registration: \$30 (includes breakfast)
Contact: Zelle to Lynn [phone number]
Contact: Clarita Perez [phone number]
Penny de Leon 510-651-0510
Gid Eugenio 510-684-9622

Spanish Coordinator
St. Joseph Church, Pinole

MICHAEL C. BARBER, S.J.
BISHOP OF OAKLAND



2121 HARRISON STREET
OAKLAND, CALIFORNIA 94612
510.267.8316

July 31, 2025
St. Ignatius of Loyola, Priest

Rev. Mr. Steve Budnik
1729 Holborn Drive
Lathrop, CA 95330

Dear Deacon Steve,

As you are aware, Deacon Rey Encarnacion has faithfully served as the Spiritual Advisor to the Diocesan Spiritual Director of the Filipino Cursillo Community of the Diocese of Oakland, and has requested a replacement.

The Lay Director, Ms. Clarita Perez, has proposed your name to take that position, and Fr. Leo Edgerly Spiritual Director, Diocese of Oakland Cursillo Movement has given his approval, as well as Deacon Tim Moore, Director of the Diaconate.

Thus, considering the spiritual need of the Filipino Cursillo Community, and trusting in the talents our Lord has bestowed on you, I am appointing you as the Spiritual Advisor to the Diocesan Spiritual Director of the Filipino Cursillo, effective August 1st for three years, and renewable after that term.

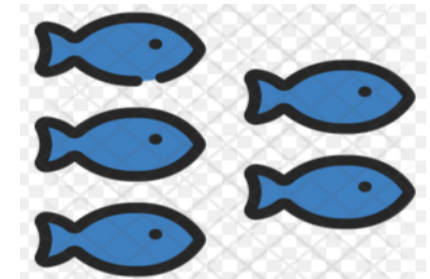
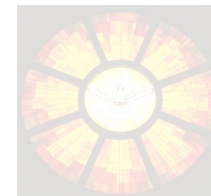
I would like to express my deepest gratitude to you for your faithful service, dedication and love for the Church.

May the Lord bless you always and may our Blessed Mother carry you in her loving arms.

Sincerely yours in Christ,

The Most Reverend Michael C. Barber, SJ
Bishop of Oakland

CC: Fr. Leo Edgerly
Deacon Timothy Moore
Ms. Clarita Perez ✓



Jubilee 2025



**Jubilee Year of Hope
Designated Pilgrimage Site**

St. Joseph Basilica

1109 Chestnut Street, Alameda, CA

Friday, August 1, 2025



8:00am
Daily Mass



1:00pm-5:45pm
Adoration with
Benediction



3:00pm-5:30pm
Sacrament of
Reconciliation



6:00pm
Mass with
Bishop Barber

Jubilee Plenary Indulgence

During the Jubilee Year of Hope, a plenary indulgence is offered to those who make a pious pilgrimage to designated pilgrimage sites. To increase accessibility, Bishop Barber has designated certain churches in the diocese as pilgrimage sites for one day only. St. Joseph Basilica is a designated pilgrimage site on Friday, August 1st.

In order to gain the Jubilee Plenary Indulgence, pilgrims need to:

1. Make a pious pilgrimage by visiting a designated site
2. Receive Holy Communion*
3. Go to confession*
4. Pray for the intentions of the Holy Father

*within 20 days before or after your pilgrimage visit

For more information, visit oakdiocese.org/jubilee-2025



Jubilee 2025 Pilgrims of Hope

St. Isidore the Farmer

Designated Pilgrimage Site

Friday, September 12th 2025

8:10 AM Mass followed by The Rosary

9:00 AM to 12:00 PM Exposition of the Blessed Sacrament & Confessions.

12:10 PM Mass

1:00 PM to 6:30 PM Exposition of the Blessed Sacrament & Confessions.

7:00 PM Vespers / Benediction with Bishop Michael Barber, S.J.
Reception to follow



**St. Isidore
Parish Community**

440 La Gonda Way - Danville, CA 94526
925-837-2122 Stchurch.com

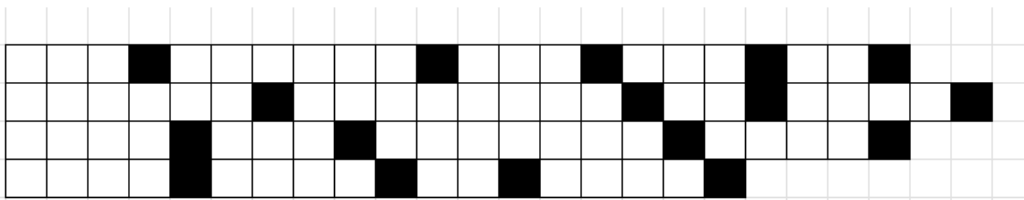
Oct 7 (Tue) Cathedral of Christ the Light* Oakland

Nov 7 (Fri) Saint Felicitas - Region 5 Southwest San Leandro

Dec 28 (Sun) Cathedral of Christ the Light* Oakland

Solve the Mystery Message!

J O H N O C O N F I R M A T I O N C H A R I T Y U T
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 B G E D O U R F A T H E R O N W E H T T A M A R K E



The List

ACTION	FINDING IN THE TEMPLE	PETER
ADVENT	FORGIVENESS	PIETY
AGONY	GIFT	PILGRIMAGE
ALMS GIVING	GOSPEL	PRAYER
AMEN	GRACE	PREACH
ANNUNCIATION	HEART	PRESENTATION
APOSTLE	HEAVENLY	PRIEST
ASCENSION	HEROD	PROCLAMATION
ASSUMPTION	HOLY MARY	PROPHET
BAPTISM	HONESTY	RELIC
BONNIN	HOPE	RESURRECTION
BROTHER	ICON	ROLLO
CARRYING THE CROSS	IMMACULATE	PULPIT
CATHOLIC	JESUS	PURITY
CHARISM	JOHN	RELIC
CHARITY	JOSEPH	ROSARY
CHASTITY	JUBILEE	SACRISTY
CHOIR	KING	SCARS
CHRISTEN	LOVE	SCORN
CHRISTMAS	LUKE	SCOURGING
CHURCH	MAGI	SCROLLS
COMMUNION	MARK	SIMEON
CONFIRMATION	MASS	SIMON
CORONATION	MATRIMONY	SISTER
CROWNING WITH THORNS	MATTHEW	SOLEMN
CRUCIFY	METANOIA	SPIRIT
DEITY	MIRACULOUS	STAR
DIVINE MERCY	NAIL	STIGMATA
DIVINITY	NATIVITY	STUDY
EASTER	OUR FATHER	TRANSFIGURATION
EUCHARIST	PAPAL	TREASURED
FAITH	PAUL	TRINITY
FAMILY	PEACE	UNITY
FASTING	PENANCE	VISITATION
FIAT	PENTECOST	WEDDING IN CANA

- 1 Find all of the words and phrases from the list. Deadline: 31Oct2025
- 2 Fill in the bottom boxes with unused letters in the order that they appear.
- 3 Submit your answer at <https://www.fc.coakland.com/contact.html>
- 4 The first three correct answers will win one of three \$20 gift cards.

New Cursillistas 4th Day Reflections



Sis Priscila C. Bautista



Bro Siegfried Logan



Bro John Guerin



Sis Wyoni E. Lagunas



Sis Annabell Capili



Bro Elmer Jabson



Sis Sheila Decena



Sis Glicería Magat



Sis Christa Sia Guevarra



Sis Lucita S. Guhil



Sis Anita Morales



Sis Mindy Manix