



Filipino Cursillo Community, Diocese of Oakland

CURSILLO WEEKEND # _____

VENUE: _____

DATE: _____

FRIDAY OF THE CURSILLO WEEKEND – FIRST DAY
“ENCOUNTER WITH SELF”

TIME	ACTIVITIES AND HIGHLIGHTS	TIME	ACTIVITIES AND HIGHLIGHTS
7:00 am	First Bell – All servers to the Chapel	1:30 pm	Prepare Rollo Room, Pray over Rollista in Chapel (TLs)
7:15 am	Second Bell - New Cursillistas to the Chapel	2:00 pm	Rollo: “The Layperson: A Christian in the World”
7:20 am	Chapel: Morning Prayers and Morning Offering Third Meditation: “The Three Glances of Christ”	2:50 pm	Break / afternoon snacks
7:45 am	Mass - Eucharist	4:00 pm	Rollo: “Actual Grace”
8:30 am	Breakfast	5:30 pm	Dinner
9:15 am	Preparation of Rollo Room (appx 1: Workshop Materials) Pray over Rollista in Chapel (TLs) [before every rollo]	7:00 pm	Rollo: “Piety” in the chapel Intervention of the Rector (appx 8) Visit the Blessed Sacrament together (Team Leaders, Spiritual Advisors and Cursillistas) – (appx 9)
9:30 am	Talks by Rector before Ideal Rollo (appx 5)	8:30 pm	(Auxiliary) Exam. of Conscience & Night Prayers
9:45 am	Rollo: “Ideal”	9:00 pm	(TLs & NCs) Posters Presentation (appx 10)
10:15 am	Hobbies Sheet Explanation (appx 7)	10:00 pm	(TLs & NCs) Exam. of Conscience & Night Prayers
10:45 am	Break / morning snacks	10:45 pm	Meeting with Table Heads and Secretaries (appx 11)
11:10 am	Rollo: “Habitual Grace”	11:15 pm	Team Leaders’ Meeting
12:30 pm	Lunch	11:30 pm	Team Retires



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TIME	STEP BY STEP	NEW CURSILLISTAS	TEAM LEADERS	CHAPEL GROUP	SERVICE GROUP	RECTOR/A SAs
5:00 am	Staff arises		Wake up to take care of personal necessities.			Rector/a wakes up all except SAs
6:00 am	New Cursillistas (NC) arise	Wake up to take care of personal necessities.	-Check Rollo room for the day’s activities. -Coordinates Rollo Room activities.	Prepares Chapel for Meditation and Mass	Service Coordinator (SC) Coordinates kitchen housekeeping and preparation of breakfast.	Rector/a knocks at the doors of each room, gets ready for the day’s activities. SAs arise and take care of personal necessities
7:00 am First bell	All Servers gather at designated places near the chapel	New Cursillistas to get ready and dressed.	-Proceed to the designated place at chapel -Staff Head Count to ensure all staff in the Chapel before new Cursillistas arrival.	Prepares and be ready for the chapel activities. Coordinate TL as 1 st reader in the mass Music Coordinator (MC): Reviews songs for Mass; checks sound system in the chapel	Proceed to the designated place. Service Group Members: Optional	Rector/a, Spiritual Advisors (SAs) Proceed to the designated place SAs: Prepare for the morning prayers & Mass



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7:15 am Second bell	New Cursillistas to the Chapel	Proceed to the Chapel	Team Leaders (TL) - in Chapel Den Officer (DO) – guide NC where to Chapel	Proceed to the Chapel <i>after</i> Cursillistas and TLs Service Group Members: Optional		Rector/a, SAs Ready at the chapel entrance. Rector/a – makes sure everyone is in the chapel (SAs, TLs, NCs)
7:20 am	Morning Prayer and offering. 3 rd Meditation: “Three Glances of Christ.”	At the chapel for the Morning Prayers, Morning Offering & Mass Service Group Members: Optional				Rector/a greets everybody, leads the Morning Prayer, Morning Offering, and Preparatory Prayer before Meditation (use PG). SA delivers meditation
7:45 am	MASS - EUCHARIST	All attend the Mass 1TL for 1 st reading 1 TL for Resp Psalm Service Group Members: Optional			SC - Coordinates preparation of breakfast.	Rector/a reads the mass intro and petitions.



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						<p>Priest celebrates Mass assisted by Dcns</p> <p>Rector/a After the mass, leads the Thanksgiving after Mass (PG p49), announces end of silent retreat.</p>
8:30 am	Breakfast, Grace before and after meal.	Proceed to dining hall for breakfast.	Take Breakfast and Serve New Cursillistas (NC)	Take breakfast	Setup breakfast & take breakfast	<p>Rector/a, SAs Proceed to dining hall for breakfast.</p> <p>Rector/a or SA leads Grace before and after meal.</p>
9:00 am	After breakfast	Proceed outside for games	<p>Team Leader/s will lead game activities.</p> <p>Other TLs prepare the Rollo Room</p>	<p>Prepares Vigil room, checks assigned member for vigil</p> <p><i>Exposition of Blessed Sacrament</i></p>	Clean-up / On break	<p>Rector/a, SAs Proceed outside for games</p>



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				(for details on exposition see: 'Three-Day Activities SBS rev006 08012023'.docx)		
9:15 am	Preparation of Rollo Room. (See Appendix 1)	Break and Personal Necessities	TLs Pray over Rollista. DOs attend the needs of NC	Pray over rollista	Clean-up dining hall and kitchen. Checks kitchen crew's assignment.	Rector/a prepares talk before Ideal Rollo. Rector/a & SAs Pray over Rollista.
9:30 am	Rollo Room: Talks by Rector	Listen to the Rector's talk. Join the assigned group	Listen to the Rector's talk. Join the pre-assigned table	Vigil Palanca Group: Starts sorting palancas.	Checks kitchen crew's assignment. SC - Coordinates preparation of snacks.	Rector/a gives the following talks : Appx 5 – “We Form the Groups” & Appx 6 – “Professor Cook”.
9:45 am	“Ideal” Rollo	Listen to Rollo.		Vigil	Provides snacks to Rollo room.	Rector/a introduces the Rollista.



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						Monitors activities of each Table Group.
10:15 am	Hobbies Sheet Explanations (Appx 7)	Listen to Hobbies Sheet Explanation. Fill out Hobbies Sheet.	Listen to Hobbies Sheet Explanation. Assist NCs & fill up Hobbies Sheet.	Break / Vigil Palanca Group break	Deliver snacks SC - Coordinates preparation of lunch.	Rector/a explains Hobbies Sheet (Appx 7). Rector/a & SAs complete Hobbies Sheet.
10:30 am	Group sharing About Ideal Rollo	Table discussions	Facilitate table discussions.			
10:45 am	Break / poster preparation (TLs pray over Rollista)	Take snacks	Pray over Rollista. Take snacks	pray over Rollistas. Palanca Group con't sorting palancas		Rector/a & SA spray over Rollistas, take snacks
11:00 am	Collect hobbies sheets (Appx7) (10 mns)	Head/Secretary collect hobbies.		Vigil	PREPARES LUNCH	Rector/a monitor's activities per Table Group.
	Explanation of “De Colores” song then sing the song. (5mns)	Listen	TL explains origin of the song “De Colores” (Appx 1G-5)	MC proceed to the rollo room to lead the “De Colores” song		Explain the Hobbies & Preferences sheet (Appx7)



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	“Habitual Grace” Rollo	Listen	Listen			Calls TL to explain De Colores song (Appx 1G). Introduces the SA rollista SA presents “Habitual Grace” Rollo.
12:00pm	Group Sharing	Table discussions	Facilitate table discussions.	<i>Repose of Blessed Sacrament</i>	Prepare lunch.	Rector/a monitor’s activities of each Table Group.
12:30 pm	Lunch TLs Corridor Work	Proceed to the dining hall for lunch. TLs serve NC			Serves lunch.	Rector/a or SA leads Grace before and after meal.
	When lunch is almost over, start the jokes. Then free time for work, play, take a nap etc.					
1:30 pm	Prepare Rollo Room (TLs pray over Rollista, Corridor Work)	Proceed to Rollo room, poster preparation	Pray over Rollista then proceed to Rollo room. DOs bring NCs to rollo room	<i>Exposition of Blessed Sacrament</i> Pray over Rollistas.	SC – Coordinates clean-up of dining hall and kitchen. Break	Rector/a & SAs Pray over Rollistas



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				Palanca Group con't sorting palancas		
2:00 pm	“The Layperson: A Christian in the World” Rollo	Listen		Vigil	SC - Coordinates preparation of afternoon snacks.	Rector/a introduces Rollista; reminds NC about posters, summaries, free time, break, etc.
2:20 pm	Group discussion	Table discussions	Facilitate table discussions.		Serves afternoon snacks.	
2:50 pm	Take snacks, posters, free time (TLs pray over Rollista)	Take snacks, posters preparation	Pray over Rollista, take snacks & do corridor work	Vigil / Break Palanca Groupbreak	Break	Rector/a & SAs Pray over Rollista take snacks
3:30 pm	“Actual Grace” Rollo	Listen		Vigil	SC - Coordinates preparation of dinner.	Rector/a calls SA rollista SA delivers “Actual Grace” Rollo.
4:30 pm	Group discussion,	Table discussions	Facilitate table discussions			
5:00 pm	posters, free time (TLs pray over Rollista)	posters preparation	Pray over Rollista Then proceed to rollo room Monitor NCs to finish summaries	pray over Rollistas. <i>Repose of Blessed Sacrament</i>	Prepare dinner	Rector/a & SAs Pray over Rollistas Rector/a proceed to rollo room



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			and posters if needed.			
5:30 pm	Dinner (TLs Corridor Work)	Proceed to dining hall for dinner	Proceed to dining hall for dinner. Take Dinner and Serve NC	Dinner	Serves dinner	Rector & SAs Proceed to dining hall for dinner. Rector/a or SA leads Grace before and after meal.
6:30 pm	Break	Work on summaries and posters	Assist NC	Palanca Group con't sorting palancas	Break	Rector/a or SAs Break
7:00 pm	Warm up song, “Piety” Rollo	Listen		Vigil MC leads song before Piety rollo	SC - Coordinates clean-up of dining hall and kitchen.	Rector/a calls rollista
7:30 pm	Rector/a's Intervention (Appx 8) Visit the Blessed Sacrament	Listen Visit the Blessed Sacrament.		Break	Prepare kitchen for tomorrow's breakfast Close the kitchen	Rector/a delivers intervention (talk) - (Appx 8) Rector/a & SAs



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						Visit the Blessed Sacrament. (Appx 9)
8:30 pm	Group discussion Finalize poster presentation	Table discussions, finalize poster preparation.	Facilitate table discussions	Chapel: Examination of Conscience and Night Prayers; Chapel coordinator leads the prayer Prepare for sleeping		Rector/a monitors activities
9:00 pm	Gathering of Table Groups. (Appx 10) Presentation of Posters	Submit summaries and posters. Presentation of summaries and posters by Table Group.	Attend in the Gathering of Table Groups. Monitor time.			Rector/a leads prayer to the Holy Spirit, calls Table Group representatives to explain posters. Makes assessment of the summaries SAs listen to the poster presentation
10:00 pm	Chapel: Examination of Conscience and Night Prayers	Proceed to chapel				Rector/a leads the following activities: “Examination of Conscience” – (PG,



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						pp 65) & “Night Prayers” – (PG, pp 70.) Reminds availability of Priest for confession.
10:45 pm	Meeting with Heads and Secretaries - (Appx 11), Visit the Blessed Sacrament	Table Heads & Secretaries visit the Blessed Sacrament The rest New Cursillistas retire	Visit the Blessed Sacrament		-	Rector/s leads the prayer After, SA reposes the Blessed Sacrament
11:15 pm	Team Leader’s Meeting	Table Heads & Secretaries retire	Attend Team Leader’s Meeting		-	Rector/a: Leads Team Meeting SAs attend Meeting
11:30 pm	Team Retires		Close the chapel, Staff retires		-	Security: Check security, lights, doors; retires Rector/a & SAs retire